

# ACO ShowerDrain Public X

## Specific measures for more sustainability – showers with heat recovery

In modern buildings, the energy required to produce hot water is already equal to the energy required for the entire heating system. Instead of discharging the still warm wastewater into the sewage system, the ACO solution leads the wastewater through a heat exchanger. The heat is thus extracted from the wastewater and the cold fresh water is preheated. This efficient pre-heating means that significantly less hot water has to be added later at the mixer tap.

- Why our customers choose the ACO ShowerDrain Public X:
  - Efficient and sustainable: energy consumption is reduced
  - Short-term payback thanks to reduced energy costs
  - Simple and durable: quick installation, easy cleaning and high-quality materials
- The heat exchanger of the ACO ShowerDrain Public X is certified for drinking water by the following organisations:



### Challenge

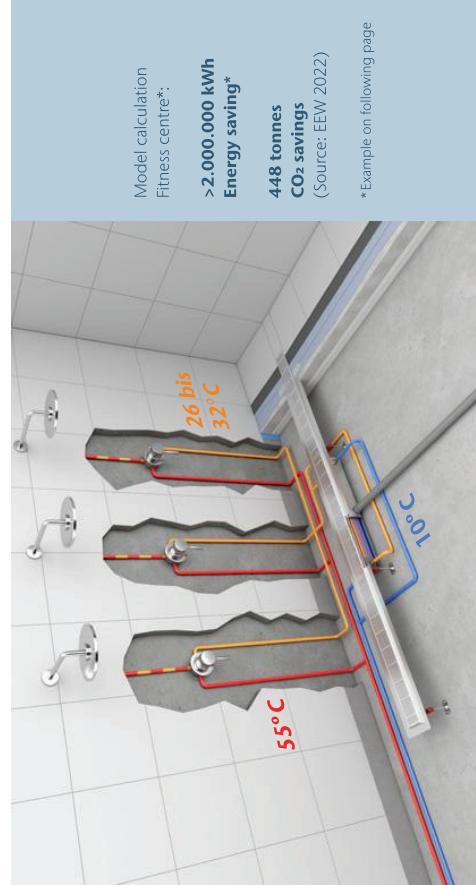
*„Simply said, the best kilowatt hour remains the one that doesn't have to be generated at all.“*

(Hermann Scheer)

In modern building structures, both in the commercial and residential sectors, the energy demand for water heating is on a par with that for heating systems. This is particularly the case in public facilities such as gyms and swimming pools, where users often tend to make extensive use of the hot shower, as there is no separate cost for this.

Until now, solutions to reduce energy consumption and costs have been limited mainly to the use of water-saving shower heads, a measure that is not without financial risk for operators.

### Efficient and sustainable – reduce energy consumption

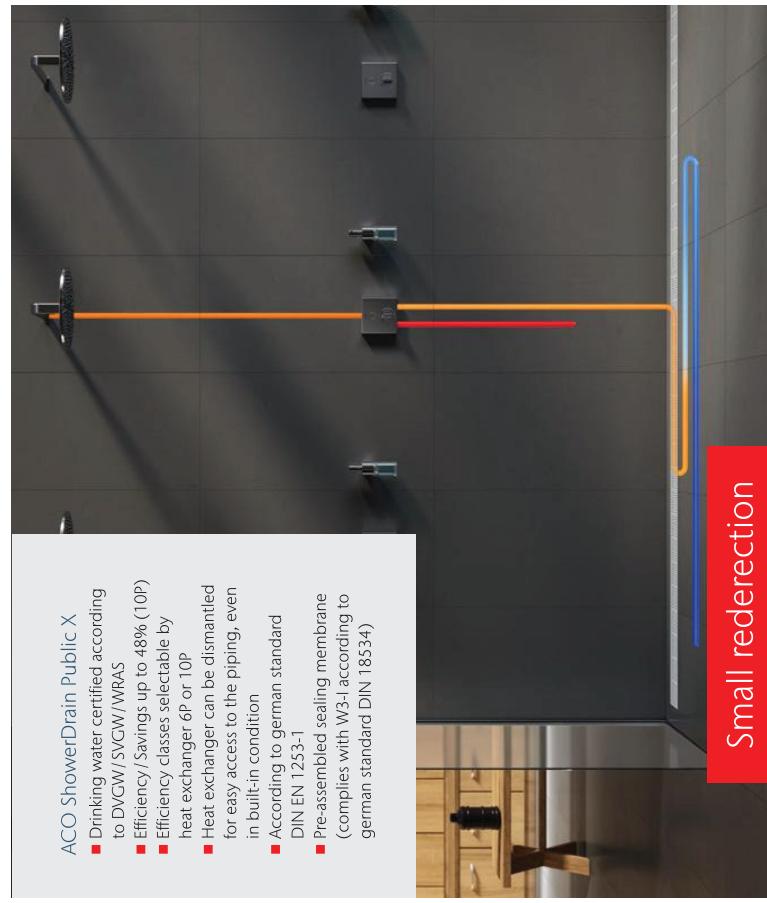


With the ShowerDrain Public X, energy and costs can be saved efficiently every day!

### Operating principle

- As a result, the mixing valve reduces the hot water flow (**red/orange**), which has a direct impact on the energy consumption for hot water preparation.
- With this solution, energy costs are reduced and the protection of the environment can be reached – without giving up the comfort of a warm shower.
- The warm shower water leaves the shower head at a temperature of 38° C, flows through the grating, passes through the foul air trap and is evenly directed over the double-walled heat exchanger in the shower channel.
- The cold fresh water (**blue**) flowing through the heat exchanger is heated from approx. 10° C to approx. 26 – 32° C (**orange**).

\* see following page



## Short-term payback because of reduced energy costs

In the following scenario, up to € 8.300 can be saved annually in energy costs.

Gym:	
2 bathrooms (m/f) each with an ACO ShowerDrain Public X (10P)	
Number of annual days of use per year	350
Number of people per day	150
Energy costs per kWh in €	0,12
Shower duration in minutes	8
Effectively used shower time for heat recovery in minutes	7
Planned service life in years	15

**Up to € 125.000 energy cost savings\***

\*With a service life of 15 years

Rising prices can be expected in the future for fossil fuels.



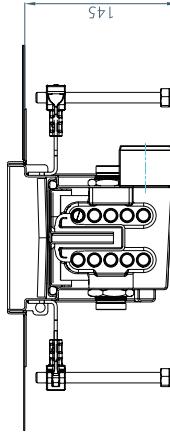
Simply calculate potential savings.  
The design of the system is carried out with the help of our layout tool

## Efficiency / Savings (10P)

Volume flow per showerhead	Showers in operation	Hot water temperature	Cold water temperature	Efficiency / savings (preliminary values)
9.2 l/min	1			48% (with shower head 9.2 l/min)
	2	38°C	10°C	38%
	3			31%
12.5 l/min	1			44% (with shower head 12.5 l/min)
	2	38°C	10°C	32%
	3			26%

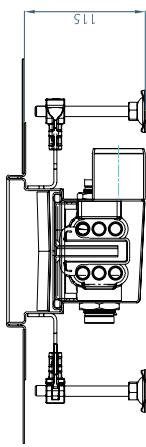
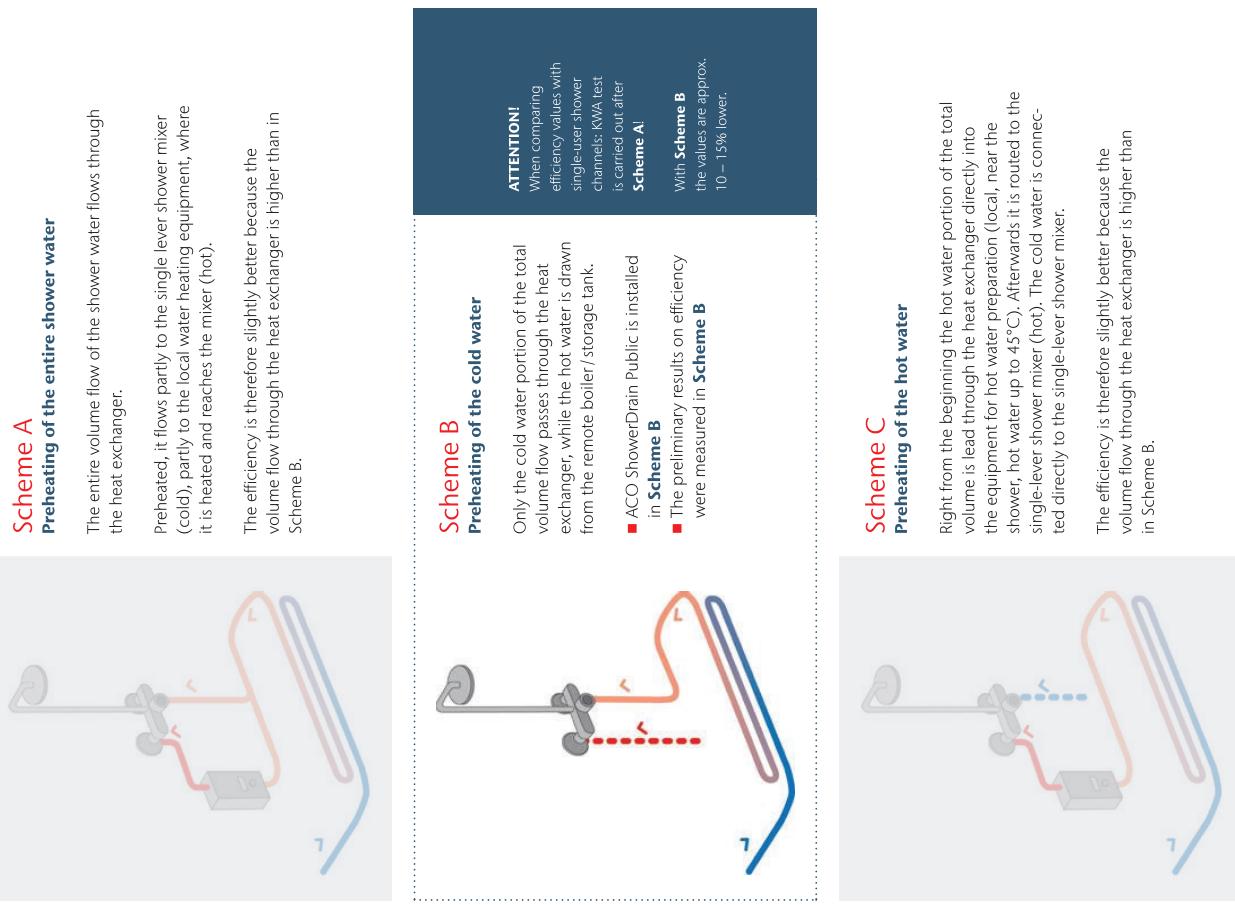
Efficiency depends on:

- Connection diagram
- Number of showers / shower heads
- Flow rate of the shower heads



Heat exchanger with 10 double-walled copper pipes,  
installation height UFL from 115 mm

## Planning data at a glance – connection diagram



Heat exchanger with 6 double-walled copper pipes,  
installation height UFL from 115 mm

## Simple and durable – easy installation, easy cleaning and high-quality materials

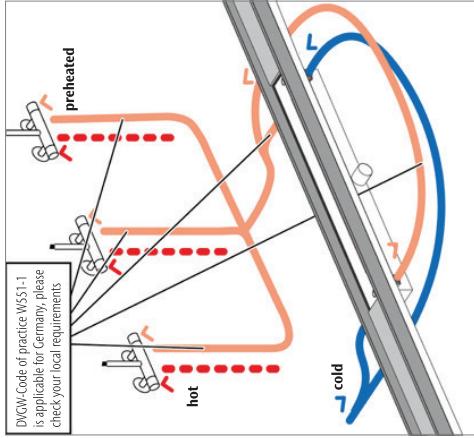


With the ACO ShowerDrain Public X, ACO offers builders and planners the best possibilities for efficient, spacious and homogeneous bathroom design without seals, material changes and barriers.

High-quality stainless steel has proven itself in many applications. Where high requirements are placed on the height and hygiene, operational safety and material resistance. The standard material used is AISI 304. On request, the shower channel incl. grating can also be supplied in AISI 316.

On request, the shower channel incl. grating can also be supplied in AISI 316.

## Installation instructions



- Fresh water connections
- Factory-made marking „in“ / „out“ by means of stamp + coloured bonding
- Connections  $\frac{1}{2}$ " internal thread (pre-assembled)
- Note pressure loss through heat exchanger (see table – maximum 3 shower heads/heat exchangers)

The ACO ShowerDrain Public X is supplied completely preassembled. All internal components, including the doublewalled heat exchanger, can be removed for cleaning purposes. This guarantees easy access to the pipeline even when installed.

Some applications, due to special circumstances, require individual solutions for architectural projects. With the ACO ShowerDrain Public X, a wide range of customised lengths up to 6 m are possible. Due to length measurements accurate to the millimetre, horizontal & vertical sockets, tile frames from 13 – 30 mm, the shower channel can be adapted to respective installation situations.

Recommended minimum flow pressure fresh water	4 bar
Maximum working pressure fresh	10 bar
<b>Pressure loss through heat exchanger *:</b>	
For flow at the shower head (volume flow)	1 shower head in operation
9.2 l/min	0.20 bar
12.5 l/min	0.32 bar
2 shower heads in operation	2 shower heads in operation
	0.56 bar
	1.04 bar
3 shower heads in operation	3 shower heads in operation
	1.10 bar
	1.60 bar

Legionella protection	0.7 l
Heat exchanger volume	0.7 l
Maximum pipe volume between heat exchanger and fitting	2 l

\* Initial situation:

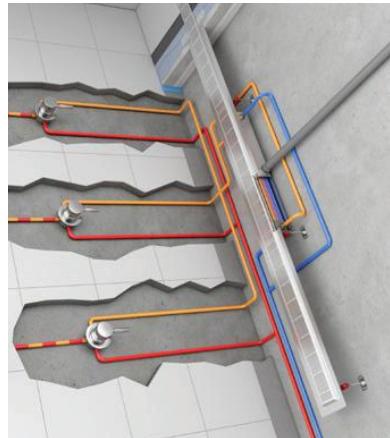
- 55 °C hot water – inlet in mixer tap
- 38 °C shower temperature at the shower head
- 26 °C preheated fresh water heat exchanger

# ACO ShowerDrain Public X

Order information channel body

## ACO product benefits

- Drinking water certified according to DVGW/SV/CW/MWRAS
- Efficiency: Savings up to 48% (10P)
- Efficiency classes selectable by heat exchanger 6P or 10P
- Heat exchanger can be dismantled for easy access to the piping, even in built-in condition
- According to german standard DIN EN 1253-1
- Pre-assembled sealing membrane (complies with W3; according to german standard DIN 18334)



## Product informationen

- Material:
  - Channel body: Stainless steel
  - Heat exchanger: double-walled copper tube
  - Heat exchanger connections: brass
  - Product class: A (according to EN 1253-1)
  - Load class: K3 (according to EN 1253-1)
  - Visible channel width: 145 mm
  - Slope: Cross-cross slope
  - Flow rate (according to EN 1253-1):
    - 0.8 l/s with 10 mm build-up
    - 1.0 l/s with 20 mm build-up
  - Outlet socket: suitable for all push-fit pipe socket systems
  - Outlet flange: 1.5°, ND 50
  - Foul air trap: two-piece removable
  - Flange design: firmly moulded on (50 mm), pre-assembled sealing membrane, with 60 mm overlap

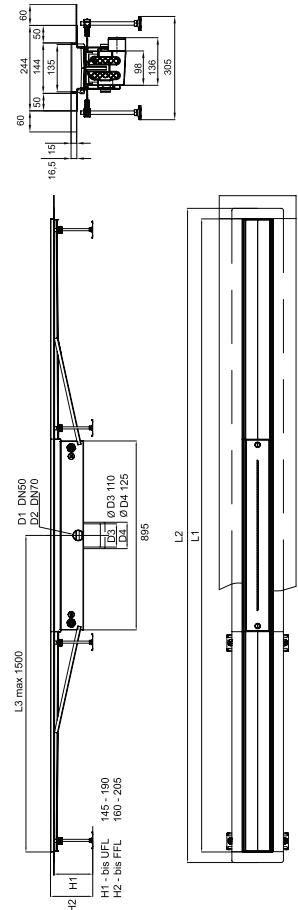
Description	Dimensions	Article no.		
		L1 [mm]	L2 [mm]	B [mm]
<b>Public X 10P, Installation height to top of screed 145 - 190 mm (frame height 15 mm)</b>				
■ Order information design grating				

Product image	Description	Dimensions			Article no.
		L1 [mm]	L2 [mm]	B [mm]	
■ Order information design grating					



## The ACO ShowerDrain Public X can also be customised on request:

- Channel with heat exchanger 6P for lower installation height (from 115 mm UFL)
  - Channel length up to 6 m
  - Two inlet chambers with heat exchanger are necessary for channel lengths > 3.000 mm
  - On-site transport must be clarified in advance
- Fresh water connections ½" IT
- Efficiency up to 48% (with shower head 9.2 l/min)
- Assembly: pre-assembled
- Scope of supply: channel body, hair strainer, feet for height adjustment
- Installation height up to unfinished floor level (UFL):
  - 10P: from 145 - 190 mm
  - Height tile frame: 15 mm
  - Height adjustable by means of height-adjustable feet:
    - 10P: 45 mm
    - Grating variant: Quadrato, slip-proof class C
- Various connection types
  - Vertical socket ND 50/70/100/125
  - Horizontal socket ND 70 (10P)
  - Tile frames from 13 – 30 mm (e.g., for natural stone)



## Dimensioned drawing